

RECIPE CONTACT SHEET

So many ways to feature Avocados From Mexico in delicious recipes. Like what you see? Contact our partner Registered Dietitian Barbara Ruhs for high resolution images and recipes, barb@avocadosfrommexico.com

breakfast



Flourless Avocado Pancakes
693



Berry Avocado Toast
669



Avocado Banana & Walnut Muffins
227



Avocado Scrambled Eggs
682



Avocado Orange Juice & Yogurt Smoothie
598



Egg in a Hole Toast
489

Snacks & Appetizers



Avocado Enchilada Stuffed Portobellos
705



Fiesta Avocado Taco Dip
87



Garden Avocado Nachos
607



Avocado Deviled Eggs
305



Individual 7-Layer Cup
429



Cantaloupe w/ Avocado & Prosciutto
127

Hand Held Foods



Zesty Avocado Chicken Salad Lettuce Cups
690



Protein-Powered Bean Avocado Toast
606



Avocado Turkey Tortilla Spirals
585



Mexican Gravlax with Avocado Crema
212



Chicken Tinga & Avocado Tostadas
702



Shrimp Avocado Bites
704

For more recipe ideas, visit www.AvocadosFromMexico.com

Our year-round Shopper Programs provide amazing ways to incorporate avocados into your meal solutions!

Sept 4-Oct 15

Sept 18-Oct 31

Nov 10-Dec 31

Jan 3-Feb 4

Feb 26-Mar 30

Apr 2-May 5



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Salads



Avocado Caprese Salad
209T



Avocado Egg Salad
692



Avocado & Black Bean Salad
590



Fruit, Avocado & Spinach Salad
414



Roasted Green Bean, Avo, Cranberry Medley
361



Greek Avocado Zucchini Noodle Salad
604

Entrées



Jalapeño Chicken Sliders
605



Avocado Buddha Bowl
602



Turkey, Cranberry, Avo Grilled Cheese
551A



Grilled Salmon Avocado Burgers
612A



Avo Taco-Stuffed Bell Peppers
601



Avocado Stuffed Sweet Potatoes
603

Desserts



Dark Chocolate Avocado Brownies
306



Frozen Avocado Macaroons
659



Oatmeal Avocado Cookies
662



Dark Chocolate Avocado Truffles
380



Berry Avocado Chocolate Mousse
691



Coconut Avocado Popsicles
699

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